

# Cooks' Watch

## James Cook Boys Technology High School

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**Term 3, 2019** 

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### Principal - Mr M. Marciniak

Congratulations to our Year 12 2019 graduating students and their families. It has been a wonderful experience participating in the academic, social, emotional and spiritual growth of these young men during the last five years of my principalship at JCBTHS. On Tuesday the 24<sup>th</sup> September we acknowledged the departure of our 2019 Year 12 during our annual student, parent/families and teacher graduation dinner. This year the event was held at The Georges River Sailing Club at Sandringham. It was a wonderful evening where we collectively acknowledged our students accolades over the last six years. There was a great atmosphere and some fabulous student speeches which encapsulated the contribution that teachers had made to the growth of their students and the strong sense of belonging that the students felt toward the school. We wish all our Year 12 students the best of luck in their upcoming Higher School Certificate exams. Of particular note I would like to wish Calvin Jacobs from Year 10 the best of luck in his HSC Mathematics 2 unit and 3 unit exams. Jacob is one of our acceleration students who is looking at achieving band 6 results in both of the courses. An incredible achievement taking into consideration his age. Calvin will be following in the footsteps of Nishal Narayan who successfully achieved two band 6 results for mathematics when he was in Year 10 last year. These students' achievements are testament to their talents and the great work of our teachers in supporting them in their pursuit of academic excellence.

Whilst on the topic of academic excellence I would like to congratulate our Year 7 and 9 students who recently received their NAPLAN results. Overall our students' achievements were exceptional. The majority of students exceeded their anticipated growth in literacy and numeracy and collectively their results are the best since 2015. Overall our NAPLAN results continue to exceed expectation from year to year and we are extremely proud of our students' performance and the work of our teaching staffing in the positive impact they have made.

During week 9 parents and students from Year 8 and 9 attended our afternoon information evening regarding elective choices for next year. In 2020 we have a broad and diverse range of curriculum options for students, ranging from an elective science, advanced English elective to compressed Stage 5 mathematics option that leads to an acceleration stream the following year. As well as our very popular STEM elective and usual subjects that run across TAS, Music, Arts, HSIE and PDHPE.

There has been a lot of planning involved to create a diverse and academically challenging Stage 5 elective curriculum for our students to prepare them for the expected depth of content knowledge in the senior years of study. Our teachers are genuinely passionate about advancing the learning of our Stage 5 students to be able to maximise their potential in the future years. The strategic planning of developing a challenging curriculum is embedded in our School Plan 2017 to 2020 and it is great to see that not only are we able to actualise the directions of our school plan we are providing the best learning opportunities for our young men to succeed now and in the future.

#### Upcoming events.

Lebanon Rugby League World Cup under 9 a side training at JCBTHS 15- 17<sup>th</sup> Oct

HSC starts 17<sup>th</sup> October

P&C meeting Wednesday 30th October

White Ribbon Day breakfast assembly and march Friday 22<sup>nd</sup> November

Wave Changers exhibition at Casula Power House Sunday 24th November

Year 10 Canberra Excursion Wednesday 27th to Friday 29th November

Activity week 9, 9th to 13th December

Presentation day and report collection Years 7 -10 Tuesday 17th December

Last day of school for students Wednesday 18th December

### Wave Changers - Mr M. Colucci

The Wave Changers program is a joint program between James Cook Boys Technology High School and Shopfront Arts Co-op. The program encourages and facilitates the participation in cultural and social activities of students from a non-English speaking background. Within the program, our students have been participating in film making workshops and learning about the art form. The workshops have been teaching the students how to create a story and how to utilise different camera angles and techniques such as the dolly zoom to enhance the storytelling. The students' films will be presented at the Casula Powerhouse in a youth-led cultural experience incorporating multicultural foods, visual arts and performances.

At the end of Term 3, students participating in the Wave Changers program were invited to see Shopfront's award-winning Harness Ensemble's new work, *The Experts*. This provided the students with the exciting opportunity to experience drama in the form of live theatre.

### Year 12 Graduation Dinner - Ms L. Axiotis

The Year 12 Graduation dinner was held on Tuesday 24<sup>th</sup> September at the Georges River Sailing Club. This was time to share a meal with family, friends and teachers to farewell and celebrate the achievements of our graduating cohort. Our 2020 School Captains Imran Khan and Justin Mukadana along with Senior Prefect Osman Sesay hosted the evening which included reflections from staff and students and the awarding of Academic prizes. The evening concluded with the Graduation Video and the boys reminiscing about their earlier years at school.

The event received positive feedback from parents, students and teachers in attendance and it was certainly a memorable night.

Congratulations to the following students in receiving the major awards which were presented on the night.

Reuben F Scarf Award for Commitment Dylan Paraskevopoulos

Caltex Best All Rounder Award Thirumalesh Ullal

Long Tan Award for Leadership and Teamwork Santiago Novoa Chala

Contribution to School Community Muhammad Hadi Saadi

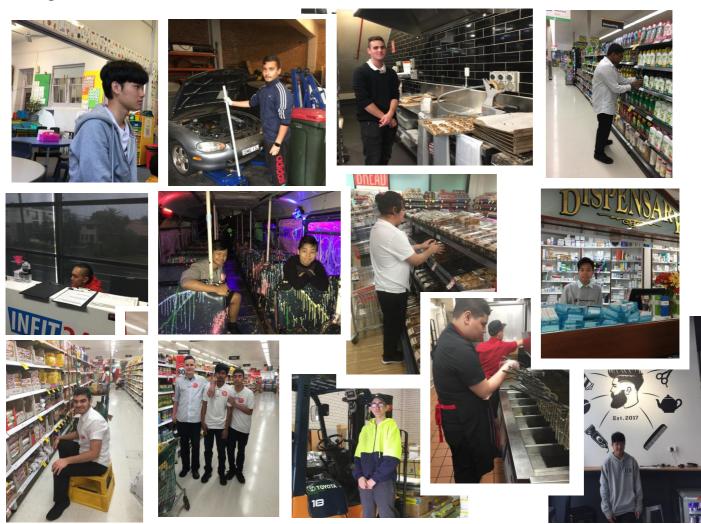
Sigrid Sinlao

We would like to wish all our Year 12 students every success in the coming weeks with their examinations and all the best with their post-school pathways. Thank you to parents for their support over the years as student success requires a partnership between home and school.



### Year 10 Work Experience – Ms J. Blatchford

Last term the Year 10 cohort participated in our compulsory Work Experience program. The program is designed to expose students to the real world of work, first hand. Reflecting on their career pathway, either in the short term or beyond school, students needed to step outside their comfort zone and approach employers of their choice. In doing so students built key employability skills in communication, technology, time management and team work.



A big thank you goes out to all the host employers who took our students under their wing and not only taught them about the work environment but also reflecting on how work intertwines with life.

**Barber House** Carlton South PS Heritage Pharmacy Arabella Car Master InFit 24/7 **Koolwater Plumbing** Woolworths Mack Civil PTY LTD Nandos **Gutter Master** Chris Minns MP Thai Welfare **Hudson Café Comm Works Aus** Hanna Legal Coles Laser Siege **Empire Office Furniture** 

All Wheel Drive Mechanics Structural Building Management

### Bayside Primary Schools - Oz Tag Gala Day - Mr B. Yelavich

On Thursday the 12<sup>th</sup> of September, James Cook Boys Technology High School, with support from the St George Illawarra Dragons and Moorefields Girls High School, hosted its 5<sup>th</sup> annual Bayside Primary School Tag Gala Day.



This year's event was our biggest yet, with over 300 students participating in the day from Carlton South, Rockdale, Arncliffe, Brighton, Sans Souci, Ramsgate and Kogarah Primary Schools. On the day our students oversaw the organisation and officiating of the Oz-Tag event, which aimed to promote physical activity and physical literacy in a safe, supportive and fun environment.

This event not only provided our primary school guests with the opportunity to take part in a great physical activity initiative, it also afforded our elective PDHPE students the opportunity to develop their leadership, communication, coaching and event organisation skills, as they oversaw the entire event. These student organisers are to be commended on their efforts and the manner in which they represented our school community.





The gala day culminated in a BBQ and presentation, where every participant on the day received a prize pack filled with St George Illawarra and James Cook merchandise. Students were presented their prize packs and certificates by St George Illawarra players Matt Cooper and Kezzie Apps, who signed autographs and took pictures with all guests on the day.

## Mosaic Program - Mr J. Bulfon

James Cook Boys Technology High School has been working with the University of New South Wales over the past five years to participate in the Mosaic Mentoring Program. This program enables students to learn about social justice and reflect on society's responses in relation to a common theme. This year's theme was on inclusion.

Our students produced a number of projects ranging from posters, dioramas, videos and power points to help represent and articulate an issue that they were very passionate about. This year our students investigated, wealth inequality, sexism towards women, globalisation, racism and refugee support programs in Australia.

On the 25<sup>th</sup> September, our students visited UNSW for the Expo Night. To allow our students to reflect on their major works and to look at different pieces presented by the other schools who has also participated in the Mosaic Program.





Congratulations to the following students for their successful participation in the Mosaic Program.

Kass Alaouie Alfred Debsieh Mohammad Masud Yazeedh Udhuman Lebbe Mohamed Ali Asgor Ben Jawad

Syheeba Heryadi Mark Almariego Raymond Chen Rami Faour Meric Kavaz

On behalf of UNSW and James Cook Boys Technology High School, Thank you to the students and to their parents for allowing them to give up their time to undertake such a rewarding program.

#### Forensics Incursion - Dr J. Bowles

Each year, the Science faculty arranges an incursion to engage our students in careers in Science. This year, Jess from Education Interactive visited the school to present "A Case for Conspiracy", in which she presented our boys with a criminal case which they were tasked

to solve using numerous forensics techniques.





Based on a real case which occurred in NSW in the 1980s, a teenage boy was accused of murder as there was evidence placing him at the scene of the crime. Using techniques such as handwriting and fingerprint analysis, DNA profiling, trace evidence, tire track analysis, ballistics, and autopsy reports, our young sleuths had to piece together the story of what really happened on the evening in question. Teachers and students alike enjoyed investigating all the evidence presented, as it was an opportunity to participate in activities not normally available in a high school science laboratory.





A few of our students successfully created a narrative that very closely matched the actual events. In the end, at least 15 crimes were identified as having occurred over the course of a single evening. At the conclusion of the event, students were also given the chance to inquire into careers available in forensic science. Overall it proved a fantastic experience for everyone who participated.





### STEM Kogarah Community Services – Mr R. Jordan

Term 3 saw the teaming up of James Cook Boys Technology High School (JCBTHS) and our local partners at Kogarah Community Services (KCS) to improve the everyday lives of senior citizens.

Students at James Cook Boys were tasked with a difficult design challenge. This challenge gave students 8 weeks to create an innovative way to improve the quality of life of Seniors. The outcomes of students work on this project was phenomenal, being met with high praise from KCS and other guests. Using their understanding of Science, Technology, Engineering and Mathematics, students were able to take real life experiences and translate them into something meaningful for the community.

The project had a few distinct stages which included an initial excursion to KCS to meet and greet our Senior partners. We called this step 'to Empathise'. Opportunities for authentic intergenerational projects are rare in education and we wanted students to have a deeper and more genuine understanding of the needs of people in their community. This was an opportunity for both young and old to share stories of their lives and for JCBTHS students to discover what challenges elderly persons face.

The next stage of the project had students begin working on their project ideas. This included (but was not limited to) designing webpages, creating video reflections on their experience of meeting the KCS seniors, initiating the design thinking process, organising planning scopes, distributing roles and responsibilities, producing multiple sketches and drafts, learning how to use 3D CAD software to generate animations of their inventions, maintaining a design portfolio, preparing a high order literacy writing task and performing a persuasive Business 'pitch', constructed with help from the Head Teacher of English in Ms Meyer.

The final stage of the project saw students present their ideas to our partners at KCS. A morning tea was organised to bring back together JCBTHS students with their senior counterparts. Students presented their ideas with pride as they displayed their hard work for all to see. It was a fantastic experience and all students involved should be proud of themselves for the professional way they conducted themselves.

Special mentions go to Deon Mawire and his group, who's 21<sup>st</sup> Century reimagining of the humble washing line was a hit. Further, I would like to congratulate the work of Sam Sabarinathan's group whose clever chair design helps bring a level of independence back to peoples lives. Well done boys!

Finally, this project titled 'Senior Solutions', was only made possible with the assistance of KCS and the hard work of Anna North and Alicia Ballone. These two wonderful people were never backward about coming forward with ideas and support. We at JCBTHS are looking forward to many more years working together on intergenerational projects. Thank you again and good luck to Mr Bulfon's Stage 5 STEM class who will be undertaking this challenging project throughout Term 4.















### Best Man Program - Mr J. Dangas - Youth Outreach Coordinator

The Best Man Program is an educational/personal development program aiming to give our male students the space to discuss some of the issues and situations they may encounter during formative teenage years? This is run on a regular bases at the school throughout Term 2 to Term 4. Currently all of Yrs. 7, 8 and 10 are participating in the program.

The program aims to encourage free discussions. The use of a male facilitator aims to allow our students to feel safe to speak more openly about sensitive issues and to feel validated and acknowledged by other males that it's "ok to express our feelings"

Topics discussed include Gender Stereotyping; Bullying; Mental Health; Suicide; Respect, Healthy Relationships; Violence/Anger; Emotional Engagement; Young Offenders Act; Goal setting; Domestic Violence; Expressing Feelings; and Seeking support...

Young men generally find it difficult to express emotions, to show emotional vulnerability, or to admit weakness. This is at times reinforced by male stereotypes in the media, sports and sometimes within our personal and professional life's which may portray this negative ethos. This is also backed up by data (e.g. Black Dog Institute) which states that 40% of mental health issues start at around 14yrs of age. This highlights the importance of addressing these issues during early teenage years.

The program encourages boys to consider phrases such as "man up", or "take it like a man", common phrases which are really saying: "men don't cry", "men don't complain", and "men don't ask for help when they're feeling down".

We are aiming for the program to empower our male students to have the **confidence to ask for help**, to **recognise positive and negative behaviours**, to **take ownership** of their behaviours, to **show respect** to others and of course themselves and enable our students to genuinely **open up** and consider lots of things about being a Man in society today.

#### Korean Food Excursion - Mr G. Woo

When people think of Korea they probably associate it with Taekwondo, K-Pop and Gangnam Style. The Year 7 Korean Language class can now add 'Korean BBQ' to that list. Most of us would agree that if you want to immerse yourself into a different culture, food is a great way to do it. So on the 27th August, Year 7 Green headed off to a Korean Restaurant, BBQ City Buffet in Bankstown. When we arrived, our host presented us with an array of traditional Korean food. Very importantly our waiters demonstrated how to use the charcoal BBQ plates located in the middle of everyone's tables. We were warned that the Koreans like their spices so in the beginning everyone approached the banquet with caution. It didn't take long before the students warmed to unusual flavours on display and started devouring the buffet. Among the many traditional dishes, the rice rolls, Spicy fried chicken and Kimchi pancake were very popular.





By far the highlight of the visit was cooking the variety of marinated meats "Bulgogi" on the charcoal barbeque plate. It was great to see many of the students try their hand at BBQ cooking. Some students admitting it was the first time they had cooked anything!



The excursion also gave the students the opportunity to demonstrate their communication skills in Korean, and to develop an understanding of the Korean language by immersing themselves in a Korean-speaking environment. It was definitely a memorable excursion with many students feeling satisfied having eaten to their hearts desire.

### **Donations of School Uniforms**

Has your son outgrown their uniform?

Is your son now in senior uniform and has an unwanted junior uniform still at home?

We gladly welcome second-hand and unwanted uniforms as donations.

Donations can be left at the Front Office.

### **Change of details**

It is important that all student information and records are kept up to date. This is particularly vital in the case of emergency where the school needs to contact a student's parents or caregivers.

Have your contact details or phone numbers changed? Have you moved or changed your residential or postal address? Are your emergency contact details out of date?

If you answered yes to these questions please update your personal details by contacting the school on 9587 1770.

## Carpark



#### Dear Parents/Carers

Please note that JCBTHS has recently placed speed humps and signage in our carpark. If you are picking up your son after school please try to enter the carpark before 2:50pm Monday, Tuesday and Friday. If you are picking up your son on Wednesday (sport day) please try and arrive before 2:15pm and Thursday before 2pm to ensure that vehicles are not entering the carpark when students are leaving. Once you are in the school carpark please park your vehicle past the planter bed which is in line with the second speed hump. When you have collected your son please be patient when leaving the school and wait for a signal from the staff member present in the carpark that is directing the traffic. Under all circumstances when entering or leaving the school carpark please obey the 10km speed limit and be extremely careful of pedestrians entering or leaving the carpark. cooperation in this matter is important to looking after the welfare of our students, staff and community.