

29th November 2022

Year 7 Camp - 2023

Dear Parents and Carers,

As part of the Year 7 transition into high school, a camp has been organised for all students to attend. The camp is an opportunity for students to develop friendships and positive interactions amongst their peers, Year 10 Peer Support Leaders and teachers.

Students will be participating in The Great Aussie Bush Camp – Tea Gardens, which is facilitated by trained professionals delivering outdoor recreation-based teaching and learning programs. The Camp provider is a registered COVID Safe Business which adheres to the NSW Governments COVID Safe business program. Travel to and from the camp will be by bus and the students will be accompanied and supervised by four teachers. There are a number of forms that need to be completed for your child to attend and these are included in this package.

This camp will involve a variety of land and aquatic activities, such as abseiling, high ropes, canoeing, raft building and an obstacle course. Your child will be required to wear a life jacket when participating in aquatic activities. These activities will take place at and facilitated by The Great Aussie Bush Camp in Tea Gardens.

Dates: Wednesday 8th to 10th March, 2023 (Term 1, Week 7)
Cost: \$380 per student (This covers transport, accommodation and food).
Deposit of \$100 to be paid to the office by Wednesday 8th February.
Arrival: Students are to arrive at school by 6.30 am, Wednesday 8th March.
Return: Students will return to school by 4:30 pm on Friday 10th March.

All attached forms and payments must be returned to the school by **Wednesday 22nd February**.

- Full Camp Payment – \$380
- James Cook Boys Technology High School
Permission to Publish
- Medical and Consent – Child
- Current Medical / Dietary Requirement

If you have any questions regarding to the camp please contact Mr McConaghy, the Year 7 Advisor on 02 9587 1770.

Regards,



Mr M Marciniak
Principal

Mr L McConaghy
Year Advisor

Year 7 Camp – 2023

Please sign, detach and return this page to the Student Services office by Wednesday 22nd February

I consent to my child of Year 7 to attend the Great Aussie Bush Camp at Tea Gardens.

I understand that my child will travel to and from the campsite by chartered coach.

I affirm that, to the best of my knowledge, my child has no medical condition or injury that places him at risk by participating in this excursion.

In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child may require. I accept full responsibility for expenses incurred.

I consent to my child participating independently in water activities under the general supervision of teachers and venue lifeguards and employees at The Great Aussie Bush Camp.

I acknowledge that this event/activity is required to be held in accordance with any current NSW Health Covid-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate public health orders.

This excursion will involve structured aquatic activities, such as; canoeing, raft building or swimming at the beach or lake. Your child is required to wear a life jacket if they are to participate in aquatic based activities.

Please clearly Tick one

- ☐ My child is permitted to go in the water
- ☐ My child is NOT permitted to go in the water

Please clearly Tick one

If your child is permitted to go in the water:

- ☐ My child is a swimmer
- ☐ My child is a non-swimmer and will only be allowed in shallow water (waist deep)

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Mobile number: _____

Medical and Consent Form – Child

Student Details:

Surname: _____ Given Names: _____

Address: _____

Postcode: _____ Date of Birth: ____/____/____ Male ☐ Female ☐

Parent / Guardian Details:

Please Tick✓: Mother / Guardian ☐ Father / Guardian ☐ Other Contact ☐

Full name of Parent / Guardian Details: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Is your child in good health? Yes ☐ No ☐

Does your child require regular medication? Yes ☐ No ☐

Does your child suffer from any Chronic Illness / Injury / Allergies? Yes ☐ No ☐

If yes please specify below

Parent / Guardian Signature: _____ Date: ____/____/____

Current Medication / Dietary Requirements

Student Name: _____

Time and Dosage – Please specify exact time of medication

	Breakfast		Lunch		Dinner		Other	
Medication Name	Time	Dose	Time	Dose	Time	Dose	Time	Dose

Regulations require that all medication must be provided in the original container / packaging.
Teachers will collect and administer all medication.

Has your child suffered from any Acute Illness in the past 4 months? If yes, details.	Yes	No
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Has your child been treated by a doctor in the past 4 weeks? If yes, please attach a medical certificate outlining treatment, and stating that the child is fit to attend camp.	Yes	No
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Has your child has any major surgery? If yes, please specify.	Yes	No
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Is your child's immunisation up to date, including tetanus? If yes, what year was the last booster given?	Yes	No
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Does your child sleep walk?	Yes	No
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Do you give permission for Panadol to be administered if required?	Yes	No
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Does your Child have any Dietary Requirements? If YES please specify:	Yes	No
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Water or Swimming Activities:

In relation to any proposed water or swimming activities;

(Please tick ✓ one :)

STRONG SWIMMER ☐ AVERAGE SWIMMER ☐ POOR SWIMMER ☐ NON-SWIMMER ☐

Equipment Checklist

The checklist below is a guide only. It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Please clearly name all items
- Medication must be given to the organising teacher the morning of departure

What to Bring:

- Reusable water bottle
- Reusable plastic cup / mug
- Hat, sunscreen and insect repellent
- Sleeping bag and bottom sheet
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries
- 2 pairs of runners (1 old pair for water activities)
- Thongs – only for going to and from showers
- 3 T-shirts
- 3 sets of underwear and socks
- 3 pairs of shorts
- Swim wear
- 1 pair of track pants
- 2 jumpers
- 2 towels
- Plastic bags for wet clothes / towel
- A small amount of money for the shops located near the kayaking venue

What not to Bring:

These items will be confiscated at the commencement of the camp.

- Mobile phone
- Electronic devices for gaming
- Valuable items that are not required for your stay
- Any banned school items

Camp Guidelines and Rules

Students should be aware of these Guidelines:

- All students must adhere to the Department of Education's Covid Safe requirements and Youthworks' Covid Safe Business plan
- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow teacher/instructor's guidelines.
- Closed in shoes and hats to be worn at all times.
- Enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Wilful damage will be paid for the individual(s) responsible.
- Do not eat or drink in cabins.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your cabins after lights out.
- Each group is responsible for the ongoing cleanliness of their room.
- To avoid accidents please do not run around the campsite areas.
- As a general rule, students will not be removed from activities as punishment, however will be given time out to reflect on their actions.
- Allocating extra duties or taking away free time may also be used for inappropriate behaviour
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, the parents / guardians may be contacted and the student/s will be sent home.